



LUSAKA INTERNATIONAL
COMMUNITY SCHOOL

LICS Educational Visits Booklet 2026-2027



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The importance of learning outside the classroom

Learners have been conducted into the impact of learning outside of the classroom.

Repeated findings have shown the following results after children have attended trips:

- 74% of parents said their children were more willing to try new things after their residential trip
- 67% of parents reported that their children felt more confident after their residential trip
- 68% of students felt they knew more about their subject after their residential trip
- 69% of students reported that they were better at problem solving after their residential trip
- 69% of students said that their subject was more interesting and important to them
- 67% of secondary students felt that they could be a role model to others, compared to 40% before the residential trip
- 79% of students had enjoyed the opportunity to be involved in leading activities

Source: Sally Kendall and John Roger, York Consulting: Learning Away: Final Report 7th May 2015.





Educational visit values

The trip descriptions that follow include a colour-coded diamond indicating the trip’s main focus in the areas of LEADERSHIP, INTERNATIONALISM, CHALLENGE and SERVICE. Some trips may have more than one focus.



LEADERSHIP

Learners take on a role where they are making decisions and guiding others. This could be in pairs, small groups or on a larger scale. They take responsibility for a task or number of tasks and are able to respond to feedback and suggestion effectively



INTERNATIONALISM

Learners, learn about other cultures, beliefs, environments and traditions and are willing to interact and cooperate with others that may not share the same backgrounds or values as their own.



CHALLENGE

Learners are placed in a situation where they are taken out of their comfort zone and respond positively, with integrity. This may be an adventurous physical challenge or a philosophical one.



SERVICE

Learners are given the opportunity to help others either in their local community or in a wider setting. This could also be helping the environment and considering global climate change as well as individuals or groups of people.

Each of our trips has an educational purpose. We have developed our LICS Principles to reflect the school mission statement, ensuring our learners progress towards becoming “Where Minds Flourish, Futures Take Root”. It is our hope that your child will work through and meet all of the LICS Principles by the time they conclude their LICS education.



Primary educational visits (Y3, Y4)

Year 3 Sissing Sanctuary.

Our Year 3 Learners enjoyed a meaningful excursion to Rufunsa District, where the day combined exploration, learning, and recreation. The programme began with a Fun Walk & Talk in the 7 Pathways Garden, offering learners the chance to reflect and connect with nature in a calm and engaging environment. They were then given the opportunity to feed a variety of farm animals, including goats, rabbits, and camels an experience that encouraged curiosity and responsibility while fostering appreciation for animal care.

The trip concluded with lively recreation as learners enjoyed time in the pool and play park, ensuring the day ended with joy and laughter.

Year 4 Lotri Bay.

Year 4 learners spend 3 nights at Lotri Bay by Siavonga, between Lotri Bay and Lake Kariba. This educational trip focuses on sustainability and challenge where learners gather information and ideas for future Going Global projects. Activities include a visit to a community farm learning about the impact of climate change, flora and fauna ID, bird watching, zip line, fishing, cage swimming, and problem solving. Hikes and outdoor pursuits challenge learners and interaction with children at the primary school singing, dancing, playing football and netball, and planting seeds together is a highlight of the trip. Qualified guides and instructors lead activities. Staff attending the trip include your child's Class Teacher, Specialists and supporting staff from LICs.

"Learning outside the classroom has so many benefits for young learners; physically, mentally, socially and emotionally. It provides excellent opportunities for children to identify and enjoy their various strengths and recognise where they can develop themselves further".

Una Barras-Hargan
LICS Primary Principal





Primary educational visits (Y5, Y6)

Year 5 Breezes River Camp, Lower Zambezi

Year 5 will enjoy the excitement of watching elephants, hippos, and crocodiles at Breezes River Camp, when spending 3 nights by the riverside. Students will camp in dome tents with friends, closely supervised by at least 6 First Aid-trained LICs staff and experienced wildlife guides from camp. Together with a visit to a local school to enjoy some sports with peers, students will explore a banana farm to gain insight into sustainable farming and the impact on the local environment and community. Hiking and a wildlife-spotting cruise on the Zambezi will keep students busy, and team-building activities at camp will build on teamwork and problem-solving skills. A wide range of meals and snacks from the purpose-built kitchen, excellent ablutions, and a lovely pool to cool off in will ensure students have a memorable, safe, and very educational trip.

Year 6 Livingstone Thorn Tree House

Year 6 learners will spend 4 nights in Livingstone, camping in tents. Children will focus on environment, conservation, and the history and culture of Zambia – all of which provide excellent inspiration for Global Citizenship projects. Learners visit Victoria Falls, descending to the Boiling Pot, learn about wildlife at the Crocodile and Snake Park, and go on a game drive. They will interact with elephants and enjoy a cruise on the Zambezi. Learners will sing and make presentations at Olive Tree Learning Centre. Learners will also play friendly matches with peers at Bharat Sports Complex. A trip to the Livingstone Museum provides the learners with a wealth of knowledge of Zambian history and culture. Swimming and team-building activities take place daily.

Year 6 Term 3 Firefly Camp

Year 6 students will celebrate the completion of Checkpoint examinations and their time in Primary School with a fun trip to Kiambi Camp, accommodated in tents looking out onto the mighty Zambezi river. Students will enjoy boat safaris, walking safaris, visits to local schools and farms, and plenty of on-site team building and bush skills activities. Students will be well supervised throughout the trip by at least 6 LICs staff members and trained local guides. This is a wonderful opportunity for our students to look back over their time in primary education and look forward to the next steps in their educational journey, and is an important part of our students' transition to secondary education.





Music Camp

The annual LAA Music Camp takes place in early March. Our learners spend several days engaged in music, working across three different ensembles to learn new repertoire, develop their skills, and experience the excitement of making music together.

We end the camp experience with a lively picnic concert for parents and friends a wonderful celebration of the learners' hard work and talent, filled with laughter, smiles, and inspiring performances.

Creativity, Fun, Teamwork and MUSIC embodies the spirit of the Arts Academy Music Camp and the heart of our team. The camp is open to all LAA enrolled students from Y5 and upwards, provided they have been taking instrumental lessons for at least one year.





Secondary educational visits (Y7, Y8)

Year 7 Lotri Bay

The Lotri Bay trip was a memorable adventure that allowed students to rediscover themselves, build resilience, and appreciate the beauty of nature. Over five days, learners, staff, and parents shared experiences that combined recreation, reflection, and community engagement. From the moment of arrival, the group immersed themselves in swimming, games, and evenings around the fireplace. Early hikes, refreshing swims, and scenic boat cruises gave students opportunities to challenge themselves and enjoy the outdoors. Reflection sessions and Q&A discussions added depth to the experience, while activities such as fishing, stone art, and group games fostered teamwork and creativity.

A highlight of the trip was the visit to Mpango Community School, where students engaged in friendly football and netball matches and shared cultural activities with the local community. This exchange strengthened bonds and broadened perspectives. The final days featured wildlife exploration, a spirited country game, a sunset cruise, and a vibrant talent show with awards, celebrating both achievement and joy. The group returned safely to LICs, carrying with them lasting memories of resilience, friendship, and discovery. The Lotri Bay trip was not only an adventure but also a journey of growth, reminding all participants of the value of shared experiences and the importance of connecting with nature and community.

Year 8 Nsofu Lodge

Upon arrival, the group was warmly welcomed at Nsofu with a vibrant local dance that set the tone for an unforgettable experience.

The first day began with an exciting fishing session, where students crafted their own rods, worked in groups, and enjoyed the hands-on activity together. The following day focused on survival skills and a visit to the banana plantation in Chiawa. Along the way, students were treated to breathtaking views of hippos, elephants, and crocodiles in their natural habitat, guided by knowledgeable hosts who enriched the experience.

Day three brought the exhilaration of a boat cruise at the confluence of the Kafue and Zambezi rivers, followed by refreshing swimming sessions. On the final day, students visited a nearby school, spending time learning alongside their peers and fostering friendships through cultural exchange.

Throughout the trip, the food was sumptuous and the atmosphere vibrant, making the Nsofu adventure truly unforgettable. It was a journey that combined learning, exploration, and community, leaving lasting memories for all who participated.

“The opportunity to get out and apply all of the knowledge our students have gained, in a safe, yet challenging environment is really why they are in school in the first place. At Secondary, learners cannot wait to see the wilder world and become strong individuals that can put theory into practice”.

Clement Nderitu

LICS Secondary Principal



Secondary educational visits

Year 9 Ndubaluba

The Ndubaluba camp was an unforgettable five-day journey of exploration, discovery, and growth. Students were welcomed warmly and quickly immersed in activities that challenged their resilience, teamwork, and creativity. From star gazing and night hikes to demanding team-building exercises, assault courses, climbing, and kayaking, each day pushed them to reflect, adapt, and support one another.

Highlights included the Rocket Race across the lake, lively water slide sessions, and a celebration evening with certificates and a slideshow of achievements. Alongside fun and adventure, students learned valuable lessons in empathy, perseverance, and self-reliance.





Secondary Duke of Edinburgh Award

Silver Practice Nkwashi

Our students embarked on their Duke of Edinburgh's Award journey at Nkwashi Estate. While three groups undertook their Bronze Qualifier Expedition, five students advanced to attempt their Silver Expedition, building on the skills they had gained earlier in the year.

The conditions were challenging, with high temperatures and demanding route planning that kept students out in the sun for extended periods. Despite these difficulties, they persevered with determination and successfully completed their routes. By the end of the weekend, all participants had qualified.

Over the four days, students practiced essential outdoor survival skills, cooking over open fires they built and tended themselves, setting up camp, and navigating routes with basic plotting techniques. They also strengthened their communication and teamwork, demonstrating resilience and adaptability throughout. This expedition not only marked the successful completion of Bronze and Silver levels but also provided invaluable lessons in perseverance, collaboration, and self-reliance qualities that will serve students well in future challenges.

Bronze Practice Nkwashi

Our Year 9 students embarked on their Bronze Qualifier Expedition, accompanied by Mr. Mwale and Ms. Kayombo. The journey took place at Nkwashi Estate from the 7th to the 10th of May and combined both practice and qualifier elements, ensuring that students returned to Lusaka having successfully completed their Bronze Duke of Edinburgh's Award Expedition.

Over the course of four days, students gained valuable skills in outdoor survival, including cooking over open fires they built themselves, setting up camp, and mastering basic navigation and route plotting. They also strengthened their communication and teamwork abilities, showing resilience and determination through out. This experience not only marked the successful completion of their Bronze Expedition but also provided lessons in perseverance, collaboration, and self-reliance qualities that will serve them well in future challenges.





Trips calendar

	August	September	October	November	December	January	February	March	April	May	June
1			EY Yellow Excursion / DoE Trip			Xmas Holiday			Easter Holiday		Year 6 Trip
2		Year 2 Trip	DoE Trip	Year 6 Trip		Xmas Holiday			Easter Holiday		Year 6 Trip
3		Year 3 Trip	DoE Trip	Year 6 Trip		Xmas Holiday		Music Camp	Easter Holiday		Year 6 Trip
4				Year 6 Trip		Xmas Holiday		Music Camp	Easter Holiday		Year 6 Trip
5				Year 6 Trip		Xmas Holiday		Music Camp	Easter Holiday	Year 3 Trip	
6			Year 5 Trip	Year 6 Trip		Xmas Holiday		Music Camp	Easter Holiday	Year 3 Trip	
7			Year 1 Trip			Xmas Holiday			Easter Holiday	Year 3 Trip	
8		Year 4 Trip				Xmas Holiday			Easter Holiday		Year 6 Trip
9						Xmas Holiday			Easter Holiday		Year 6 Trip
10						Xmas Holiday					Year 6 Trip
11						Xmas Holiday				Year 5 Trip	Year 6 Trip
12						Xmas Holiday				REC. Excursion/ Year 5 Trip	
13										Year 5 Trip	
14			Year 3 Trip		Xmas Holiday					Year 5 Trip	
15			Year 3 Trip		Xmas Holiday						
16			Half Term Break		Xmas Holiday						
17	Term Starts		Half Term Break		Xmas Holiday						
18			Half Term Break		Xmas Holiday					Year 4 Trip	
19			Half Term Break		Xmas Holiday					Year 4 Trip	
20			Half Term Break		Xmas Holiday					Year 4 Trip	
21			Half Term Break		Xmas Holiday					Year 4 Trip	
22		Year 7, 8 & 9 Trips	Half Term Break		Xmas Holiday						
23		Year 7, 8 & 9 Trips	Half Term Break		Xmas Holiday						
24		EY Red Excursion / Year 7, 8 & 9 Trips	Half Term Break		Xmas Holiday						
25		Year 7, 8 & 9 Trips	Half Term Break		Xmas Holiday						End of Term
26		Year 7, 8 & 9 Trips			Xmas Holiday						
27			Year 12 Trip		Xmas Holiday						
28					Xmas Holiday						
29					Xmas Holiday						
30		DoE Trip			Xmas Holiday						
31					Xmas Holiday						

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