



LUSAKA INTERNATIONAL
COMMUNITY SCHOOL

LICS Educational Visits Booklet 2024-2025



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The importance of learning outside the classroom

Learners have been conducted into the impact of learning outside of the classroom.

Repeated findings have shown the following results after children have attended trips:

- 74% of parents said their children were more willing to try new things after their residential trip
- 67% of parents reported that their children felt more confident after their residential trip
- 68% of students felt they knew more about their subject after their residential trip
- 69% of students reported that they were better at problem solving after their residential trip
- 69% of students said that their subject was more interesting and important to them
- 67% of secondary students felt that they could be a role model to others, compared to 40% before the residential trip
- 79% of students had enjoyed the opportunity to be involved in leading activities

Source: Sally Kendall and John Roger, York Consulting: Learning Away: Final Report 7th May 2015.





Educational visit values

The trip descriptions that follow include a colour-coded diamond indicating the trip's main focus in the areas of LEADERSHIP, INTERNATIONALISM, CHALLENGE and SERVICE. Some trips may have more than one focus.



LEADERSHIP

Learners take on a role where they are making decisions and guiding others. This could be in pairs, small groups or on a larger scale. They take responsibility for a task or number of tasks and are able to respond to feedback and suggestion effectively



INTERNATIONALISM

Learners, learn about other cultures, beliefs, environments and traditions and are willing to interact and cooperate with others that may not share the same backgrounds or values as their own.



CHALLENGE

Learners are placed in a situation where they are taken out of their comfort zone and respond positively, with integrity. This may be an adventurous physical challenge or a philosophical one.



SERVICE

Learners are given the opportunity to help others either in their local community or in a wider setting. This could also be helping the environment and considering global climate change as well as individuals or groups of people.

Each of our trips has an educational purpose. We have developed our LICs Principles to reflect the school mission statement, ensuring our learners progress towards becoming "Future Global Citizens". It is our hope that your child will work through and meet all of the LICs Principles by the time they conclude their LICs education.



Primary educational visits (Y3, Y4)

Year 3 Pioneer Camp

We have chosen Pioneer camp as a gentle introduction to the LICS Educational Visits program. This trip can be the first, away from home and may also be the first time camping. Year 3 travel just outside Lusaka where they will be accommodated in dome tents at Pioneer's campsite. All activities are on site and class teachers will always be present and on hand. Here they will have a number of experiences such as bush walks, pizza making, bird identification, art and craft and stargazing using an astronomy app on school iPads, campfire building and hot chocolate to end the evening. Pioneer camp offers a fantastic opportunity for our young learners to experience camping with their classmates and teachers in a safe, secure setting not too far from home.

Year 4 Lotri Bay

Year 4 learners spend 3 nights at Lotri Bay by Siavonga, between Lotri Bay and Lake Kariba. This educational trip focuses on sustainability and challenge where learners gather information and ideas for future Going Global projects. Activities include a visit to a community farm learning about the impact of climate change, flora and fauna ID, bird watching, zip line, fishing, cage swimming and problem solving. Hikes and outdoor pursuits challenge learners and interaction with children at primary school singing, dancing, playing football and netball and planting seeds together is a highlight of the trip. Qualified guides and instructors lead activities. Staff attending the trip include your child's Class Teacher, Specialists and supporting staff from LICS.

"Learning outside the classroom has so many benefits for young learners; physically, mentally, socially and emotionally. It provides excellent opportunities for children to identify and enjoy their various strengths and recognise where they can develop themselves further".

Una Barras-Hargan
LICS Primary Principal





Primary educational visits (Y5, Y6)

Year 5 Firefly Camp

Year 5 will breathe in the fresh air and soak up the beauty of nature at Firefly Camp close to Mumbwa. Whether it's Game Scout nature trail to primitive shelter building the outdoors offers endless fun and exploration. The learners will also get to learn about environmental concerns and sustainability. Not only will the learners have a blast with outdoor activities but will also get creative in activities such as fish bow and bow and arrow making. Crafting, painting, and building things with their hands are all part of the camp fun. Firefly team will do their utmost to help our learners to embrace their surroundings. They will encounter impala, puku, kudu, giraffe, zebra, ostrich and more. After all the activities learners will take up in team quiz and an awards ceremony will be held to celebrate the winners. On the last day, learners will stargaze as they roast marshmallows and conclude the tour.

Year 6 Livingstone

Year 6 learners will spend 4 nights in Livingstone, camping in tents. Children will focus on environment, conservation and the history and culture of Zambia – all of which provide excellent inspiration for Global Citizenship projects. Learners visit Victoria Falls, descending to the Boiling Pot, learn about wildlife at the Crocodile and Snake Park and on a game drive. They will interact with elephants and enjoy a cruise on the Zambezi. Learners will sing and make presentations at Tongabezi Trust School. Learners will also play friendly matches with peers at Acacia International School. A trip to the Livingstone Museum provides the learners with a wealth of knowledge of Zambian history and culture. Swimming and team-building activities take place daily.





Secondary educational visits (Y7, Y8)

Year 7 Lotri Bay

This trip is meant to get the students out of their comfort zone and help them to discover how strong they are and how much potential they have in enduring life's circumstances. In managing to hike every morning, they discover that they can do anything when they put their mind to it. It also helps them to learn that they can live without their phones for a week and have fun with their classmates.

Students work and bond together as classmates and with their new form tutors. It also teaches students to be responsible for their own wellbeing. They plan the day, prepare for the incoming day by ensuring that their water bottles are always full of water, they clean their own surroundings and sleeping areas, they keep their stuff in order etc.

Lotri bay has lots of games for students. There is no dull moment. The students go hiking every morning after a very good heavy breakfast for the well needed energy. Activities include hiking, canoeing, swimming, feeding wild animals, rock painting, fishing, boat cruising, and there are various games to play at the campsite. In the evenings students play around the campfire and play games or have fun.

Year 8 Nsofu Lodge

During their stay, students were immersed in a diverse range of thrilling bushcraft activities and essential survival techniques. Each morning, they set out on early bushwalks, honing their skills in safety and the identification of local fauna and flora. Following a nourishing breakfast, students learned the vital skills of responsibly sourcing water from a river, starting a fire, and purifying water through boiling and sterilization. They even crafted fishing rods from natural materials and tried their hand at fishing. Furthermore, students delved into shelter-building, mastering the art of constructing basic A-frame shelters and efficiently pitching and dismantling tents. Throughout the week, they expanded their knowledge about the various wildlife species inhabiting the region and received an introduction to both basic car mechanics and basic first aid.

On the final day at Nsofu, students engaged with the local community by visiting Mafunguatshi School and attending some of their lessons. This interaction fostered a meaningful exchange, with LICS generously donating much-needed school supplies to the school. In the afternoon, friendly netball and football matches were held, fostering a sense of camaraderie. The week culminated in an enjoyable fireside quiz in the evening, concluding with a delightful touch as students roasted marshmallows and shared stories.

Our students returned to LICS, undoubtedly fatigued but brimming with newfound knowledge and invaluable skills.

"The opportunity to get out and apply all of the knowledge our students have gained, in a safe, yet challenging environment is really why they are in school in the first place. At Secondary, learners cannot wait to see the wilder world and become strong individuals that can put theory into practice".

Clement Nderitu

LICS Secondary Principal



Secondary educational visits (Y9, Y12 & 13)

Year 9 Livingstone

Our students recently embarked on an enriching trip to Livingstone, where they spent meaningful time with the children at the Ebenezer School and Orphanage. This trip not only fostered strong bonds between our students and the local children but also provided a platform for personal growth and community service. By adhering to a phone-free policy and utilizing a designated camera for documentation, we ensured focused participation and created lasting memories.

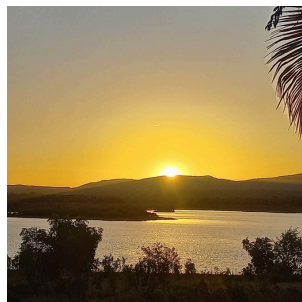
The Livingstone trip also allowed students to appreciate nature and develop their ecological awareness. They enjoyed an adventurous Boiling Pot Walk / Trekking and the excitement of spotting animals in the game park, which significantly enhanced their perception of the environment. A relaxed boat cruise on the Zambezi River offered moments of reflection and resilience-building. Overall, it was a wonderful and holistic experience for our Year 9 students, combining adventure, learning, and community engagement.



Year 10 Lotri Bay

Our students embarked on an enriching trip to Livingstone, where they spent meaningful time with the children at the Ebenezer School and Orphanage. This trip not only fostered strong bonds between our students and the local children but also provided a platform for personal growth and community service.

This trip allows students to appreciate nature and develop their ecological awareness. Activities such as a walk to the adventurous Boiling Pot Walk / Trekking and the excitement of spotting animals in the game park, which significantly enhanced their perception of the environment are some of the activities the learners undertook. A relaxed boat cruise on the Zambezi River offered moments of reflection and resilience-building. Overall, it was a wonderful and holistic experience for our Year 9 students, combining adventure, learning, and community engagement.



Year 12 & 13 Pioneer camp

During their stay, students had the opportunity to engage in various activities while also bonding with and getting to know their peers as well as their teachers.

Given that Pioneer also serves as a campsite, the environment offers a calm and relaxing milieu, ideal for getting in touch with nature and oneself. This was made more significant during a field tour by a professional guide where the group was made more aware of the fragility of nature and the balance to be maintained to foster a sustainable future.

Around the campfire and amidst the sounds of night-time Africa, many thought-provoking conversations were had while dipping melted marshmallows in chocolate. Students also had the opportunity to create their own pizzas while one of the two groups provided breakfast on Friday morning and the other prepared dinner the same evening. During downtime, students enjoyed the coolness of the pool or played football by the tents.



Secondary Duke of Edinburgh Award

Silver Practice *Shimalabala/Kafue* run by *M.M Adventures*

Our Silver Duke of Edinburgh students embarked on their Practice Adventurous Journey in the Shimalabala/Kafue region. 20 students from Year 10, Year 11, and Year 12 took part in this event. Throughout the three days, they acquired essential skills in compass navigation and demonstrated self-sufficiency within their groups.

During this challenging weekend, students were responsible for carrying their own backpacks, tents, sleeping bags, as well as all their food and water supplies, and were required to prepare their own meals. The scorching weather and demanding terrain put their resilience and determination to the test.



Bronze Practice *Lusaka National Park* run by *M.M Adventures*

The bronze DoE students participated in their Practice Adventurous Journey in Lusaka National Park. Over the course of the weekend, they acquired essential in compass navigation and demonstrated self-sufficiency within their groups.

During the weekend, students were responsible for carrying their own backpacks, tents, sleeping bags, as well as all their food and water supplies, and were required to prepare their own meals.





Trips calendar

	August	September	October	November	December	January	February	March	April	May	June	July
1						Xmas Holiday						End of Term
2			EY Red Excursion			Xmas Holiday						
3			Year 11 Trip			Xmas Holiday						
4			Year 11 Trip			Xmas Holiday						
5			Year 11 Trip			Xmas Holiday		LAA Music Camp		Year 6 A Trip		
6					Xmas Holiday	Xmas Holiday		LAA Music Camp		Year 6 A Trip		
7			Year 3 A Trip		Xmas Holiday			LAA Music Camp		Year 6 A Trip/ DoEBronze		
8			Year 3 A Trip		Xmas Holiday					Reception Excursion/ Year 6 A Trip/ DoEBronze		
9		Year 6	Year 10 & 11 Trip		Xmas Holiday					Year 6 A Trip/ DoEBronze		
10		Year 6	Year 3 B, 10 & 11 Trip		Xmas Holiday				Easter Holiday			
11		DoE Qualifer / Year 6	Year 3 B, 10 & 11 Trip		Xmas Holiday				Easter Holiday			
12		DoE Qualifer / Year 6			Xmas Holiday				Easter Holiday	Year 6 B Trip		
13		DoE Qualifer / Year 6			Xmas Holiday				Easter Holiday	Year 6 B Trip		
14		DoE Qualifer			Xmas Holiday				Easter Holiday	Year 6 B Trip		
15		DoE Qualifer			Xmas Holiday				Easter Holiday	Year 6 B Trip		
16			Half Term		Xmas Holiday				Easter Holiday	Year 6 B Trip		
17		Year 4 Trip	Half Term		Xmas Holiday		DoE Silver		Easter Holiday			
18		Year 4 Trip	Half Term		Xmas Holiday		DoE Silver		Easter Holiday			
19		Year 4 Trip/ 6th form Trip	Half Term		Xmas Holiday		DoE Silver		Easter Holiday	Year 10 Trip		
20	Term Starts	Year 4 Trip/ 6th form Trip	Half Term		Xmas Holiday		DoE Silver		Easter Holiday	Year 10 Trip		
21		6th form Trip	Half Term		Xmas Holiday		DoE Silver		Easter Holiday	Year 10 Trip		
22			Half Term		Xmas Holiday		DoE Silver		Easter Holiday	Year 10 Trip		
23		Year 7, 8 & 9 Trip	Half Term		Xmas Holiday					Year 10 Trip/ Year 7 Trip		
24		Year 7, 8 & 9 Trip	Half Term		Xmas Holiday							
25		Year 7, 8 & 9 Trip	Half Term		Xmas Holiday							
26		Year 7, 8 & 9 Trip/ EY Yellow Excursion	Half Term		Xmas Holiday							
27		Year 7, 8 & 9 Trip	Half Term		Xmas Holiday			Year 7 Trip				
28			Half Term		Xmas Holiday							
29					Xmas Holiday				Year 9 Trip	Year 9 Trip		
30					Xmas Holiday							
31					Xmas Holiday							

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