



CHARLOTTE'S CATERING HOT MENU

Early Years Hot Meals K60

Hot Meals K70

Nshima Meal K100

Week One

30 Sep to
3rd Oct 2024

Monday

- Butter chicken with rice & salad
- Vegetable stew with rice & salad
- Grilled chicken salad
- Nshima with grilled chicken veggies & beans

Tuesday

- Spaghetti Bolognese with a salad
- Spaghetti with Neapolitan sauce
- Nshima with chicken stew veggies & beans
- Mixed garden salad with chicken strips

Wednesday

- Chicken nuggets chips & coleslaw
- Roasted veggies with chips
- Nshima with fried fish veggies & beans

Thursday

- Beef meatballs with rice & salad
- Vegetable patties with rice & salad
- Nshima with beef stew veggies
- Mixed bean salad with crumbled chicken

Week Two

7 Oct to
10 Oct 2024

Monday

- Pasta with chicken salsa sauce
- Veggie frittata
- Nshima with grilled chicken veggies & beans
- Roasted butternut feta Salad

Tuesday

- Beef stir-fry
- Vegetable stir fry
- Nshima with beef stew veggies & beans
- Char grilled chicken & eggplant salad

Wednesday

- Chicken nuggets chips & coleslaw
- Veggie pizza & coleslaw
- Nshima with chicken stew veggies & beans
- Steak & herbed rice salad

Thursday

- Macaroni mince bake
- Macaroni cheese bake
- Nshima with fish stew
- Mixed garden salad with chickpeas

Week Three

14 Oct to
17 Oct 2024

Monday

- Beef stew with rice & veggies
- Vegetable stew with rice & veggies
- Nshima with chicken stew
- Mixed beans salad with crumbed chicken strips

Tuesday

- Roast chicken with fried rice, & roasted mixed veggies
- Roast veggies with rice & salad
- Nshima with beef stew
- Roast beef and avo salad

Wednesday

- Independence Assembly / start of mid - term break



Modes of Payment

Cash payments accepted

Mobile Money transaction number 0978 996 363
(Please only send money to this number and confirm with a message thereafter)

Bank Name: FNB Acacia Park
Account Name: Charlottes Catering
Account number: 63014851223

Contact Details and Orders

Please feel free to contact us to place orders via WhatsApp or text message for our records

- 260 978 996 363
- canteen@lics.sch.zm
- www.lics.sch.zm

